

Amberlea Maple Ridge Tennis Clubs

Children & Youth 2017 Summer Tennis Camp

(for Ages 7 to 16)

All participants *must* be a member of the Amberlea Maple Ridge Tennis club.

PROGRAM:

The Tennis Summer Camp uses Soccer for foot work, speed, agility, strength, and conditioning.

Plus, the emphasis is on the 5 fundamentals of tennis:

1. Grip
2. Set Up
3. Hit the ball in the centre of the racquet
4. Follow through
5. Recovery

And just to keep things fun, we also play games such as:

- Fruit Ninja
- Graduation Game
- Detention
- Kings / Queens's Court
- Hit Until You Miss

DURATION:

8 weeks / 5 days per week

DATES AND TIMES:

Monday to Friday (July 3 to August 25, except closed Monday August 7, for the Civic Weekend Holiday)

- Mornings: 9am to 12pm
- Afternoons: 1pm to 4pm

RATES:

- **Daily:**
 - Half Day: \$ 50.00 (per day) Either a morning or afternoon class
 - Full Day: \$ 80.00 (per day) Both morning and afternoon classes
- **Weekly:**
 - Half Day \$ 250.00 (5 days)
 - Full Day \$ 400.00 (5 days)

WHAT DO BRING:

Tennis shoes, hat, sunscreen, water, and a lunch *, if desired.

** Except each Friday, when a Pizza lunch will be supplied!*

IN THE EVENT OF RAIN:

This is an OUTDOOR tennis facility. Classes will be cancelled, if rain is in the forecast.

REGISTRATION:

You must print off and complete the registration form at: http://amberleatennis.ca/files/ATC_2017_Membership.pdf

ABOUT YOUR TENNIS INSTRUCTOR: IAN FERGUSON

416-315-9167 or email fian321@rogers.com

- Provides Tennis Instructor Services
- Offers Group and Private Lessons for Beginner, Intermediate and Advanced (\$35/hour or 5 lessons \$100)
- Runs a Tennis Summer Camp using Soccer for foot work, speed, agility, strength and conditioning