

Amberlea Maple Ridge Tennis Clubs

Spring 2017 Tennis Programs

(May 27 to June 17, 2017)

All participants *must* be a member* of the Amberlea Maple Ridge Tennis club.

*To become a Amberlea Maple Ridge member, print off a membership registration form found at:

http://amberleatennis.ca/files/ATC_2017_Membership.pdf

Print off, fill in, and drop off at 1831 Fairport Road, Pickering

<u>JUNIORS PROGRAM (Under 18)</u>	<u>ADULT PROGRAM (18 +)</u>
SPRING PLAY TEACH PLAY PROGRAM: The emphasis is on the 5 fundamentals of tennis: <ol style="list-style-type: none">1. Grip2. Set Up3. Hit the ball in the centre of the racquet4. Follow through5. Recovery	SPRING SKILLS AND DRILLS PROGRAM For Beginners to Match Play, singles and doubles
DURATION: 4 weeks, 2 days per week (8 lessons total)	DURATION: 4 weeks / 1 day per week (4 lessons total)
DAYS, DATES, AND TIMES: Saturdays: May 27, June 3, 10 and 17 3:30pm – 5:00pm (1 ½ hour lesson) Mondays: May 29, June 5, 12 and 19 4:00pm – 5:00pm (1-hour lesson)	DAYS, DATES, AND TIMES: Saturdays: May 27, June 3, 10 and 17 1:30pm – 3:00pm (1 ½ hour lesson)
*COST: 4 Weeks, 2 lessons per week / \$40 per person	*COST: 4 Weeks, 1 lesson per week / \$40 per person
CLASS SIZE: Minimum 6 to maximum 16 people per class	CLASS SIZE: Minimum 6 to maximum 16 people per class
	* All fees due <i>in full</i> on or before the first lesson day. Cash, E-Transfers, or Cheque acceptable, <u>payable to Ian Ferguson.</u>

YOUR TENNIS INSTRUCTOR: IAN FERGUSON:

- Provides Tennis Instructor Services
- Offers Group and Private Lessons for Beginner, Intermediate and Advanced (\$35/hour or 5 lessons \$100)
- Runs a Tennis Summer Camp using Soccer for foot work, speed, agility, strength and conditioning

REGISTRATION FOR TENNIS LESSONS: Please contact Ian Ferguson, DIRECTLY:

Cell: 416-315-9167 (call or text with your name, email, and phone number)

Email: fian321@rogers.com

(Do NOT contact Amberlea Maple Ridge)

Note: Summer Tennis Camp will begin the end of June and run to end of August 2017.